

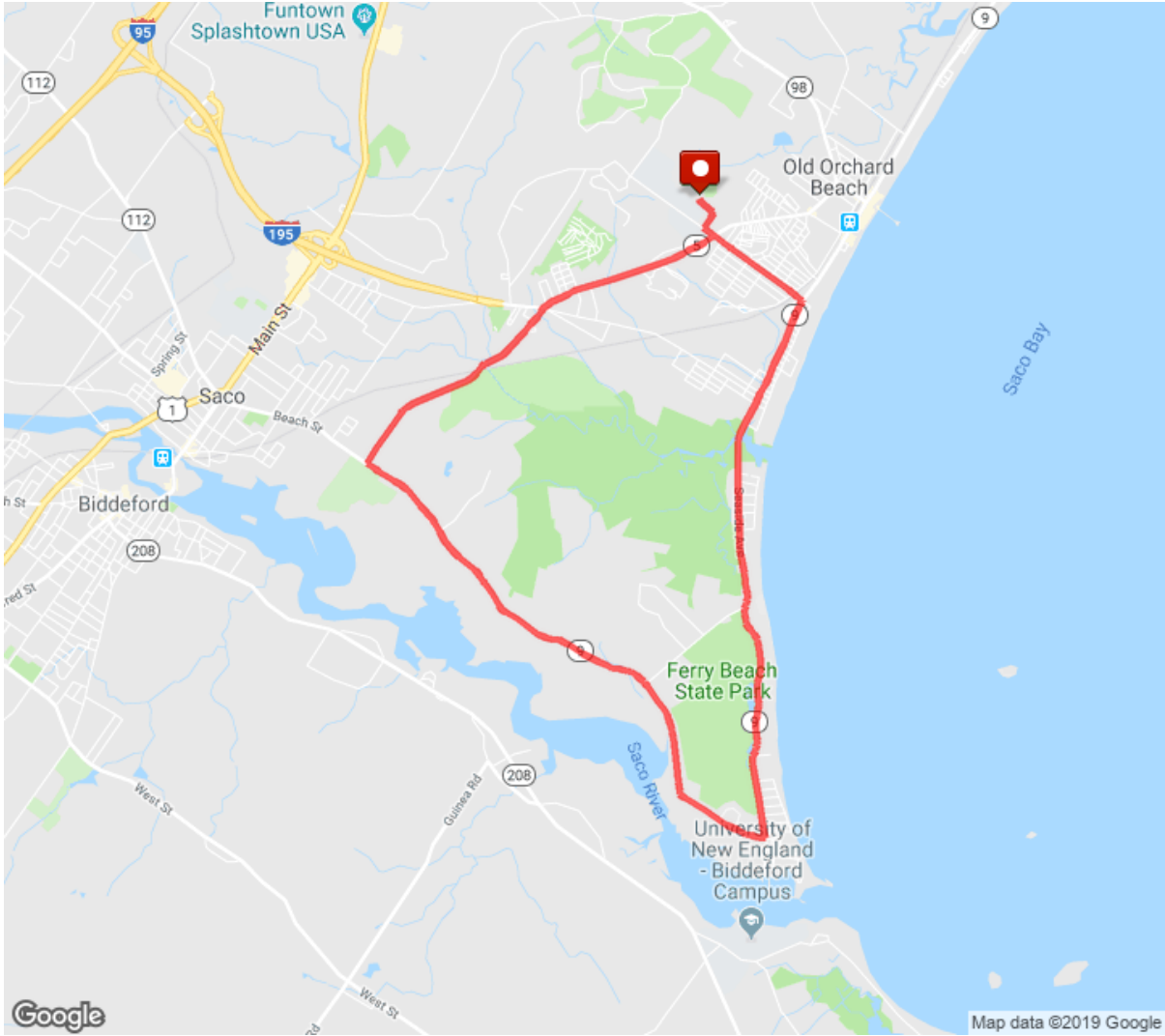
NEPR 10 MILE 2019

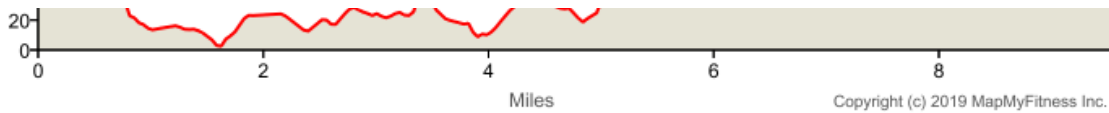
Distance: 9.51 mi

Elevation Gain: 257 ft

Elevation Max: 111 ft

Notes





- 0.00 mi** Head southeast on Ballpark Way toward Emerson Cummings Blvd

- 0.20 mi** Turn left onto Emerson Cummings Blvd

- 0.27 mi** Continue onto Union Ave

- 0.75 mi** Head southeast on Union Ave toward 1st St

- 0.85 mi** Turn right onto W Grand Ave Destination will be on the left

- 1.31 mi** Head southwest on W Grand Ave toward Winona Ave

- 1.66 mi** Continue onto Seaside Ave

- 1.89 mi** Head south on Seaside Ave toward Meadow Ave

- 2.96 mi** Head south on Seaside Ave toward Pond Ave

- 3.84 mi** Turn right onto Ferry Rd Destination will be on the left

- 3.86 mi** Head west on Ferry Rd toward Landing Rd Destination will be on the left

- 5.05 mi** Head northwest on Ferry Rd toward Windy Point Ln Destination will be on the left

- 6.89 mi** Head northwest on Ferry Rd toward Old Orchard Rd

- 6.94 mi** Turn right onto Old Orchard Rd Destination will be on the right

- 7.16 mi** Head northeast on Old Orchard Rd toward Seal Rock Springs Rd

- 7.95 mi** Head northeast on Old Orchard Rd

- 8.26 mi** Continue onto Saco Ave

- 8.35 mi** Head northeast on Saco Ave toward Harmon Ave

- 8.63 mi** Head east on Saco Ave toward Holland Ave

- 9.17 mi** Head northeast on Saco Ave toward Emerson Cummings Blvd

- 9.23 mi** Turn left onto Emerson Cummings Blvd

- 9.30 mi** Turn right onto Ballpark Way

- 9.50 mi** Destination