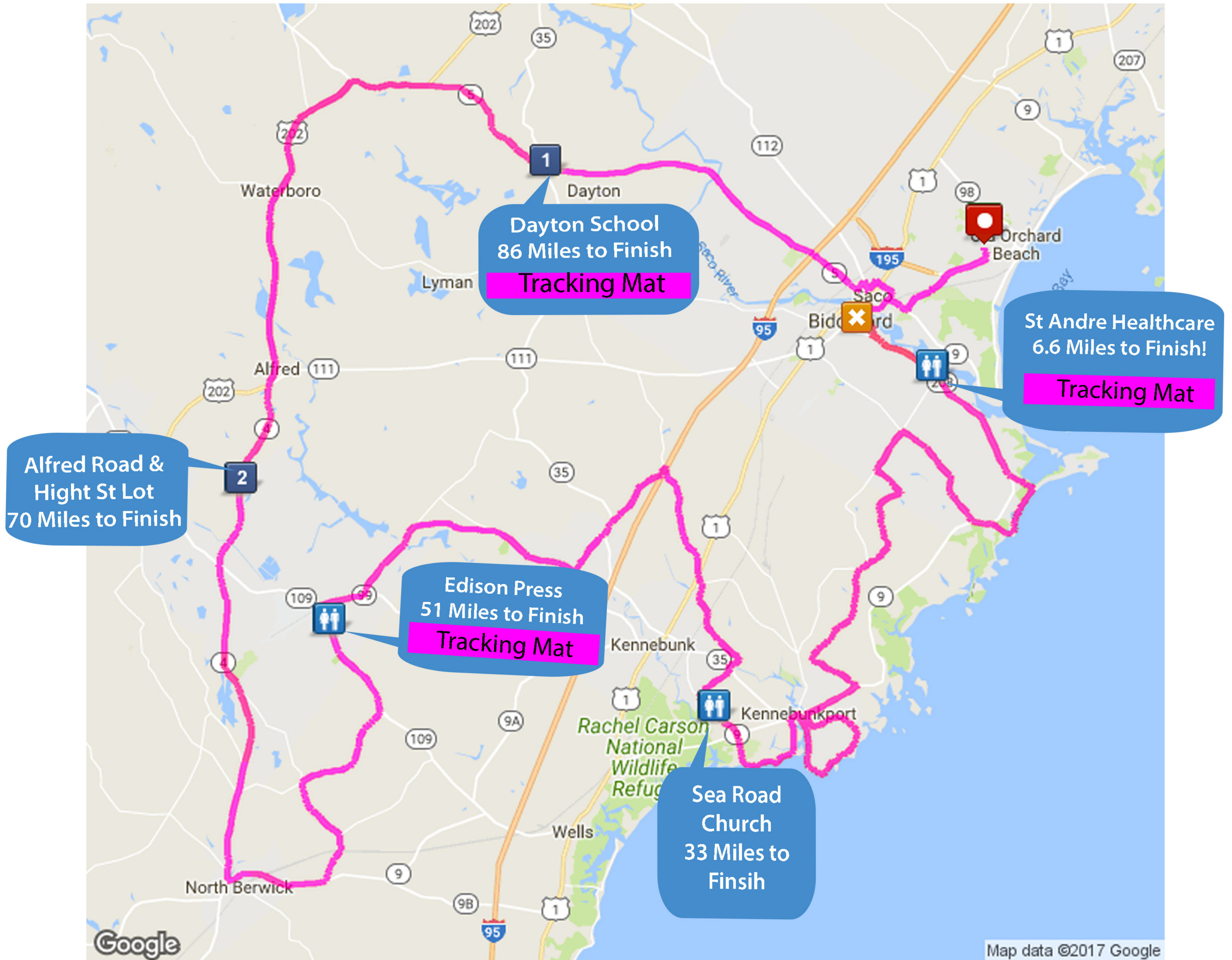


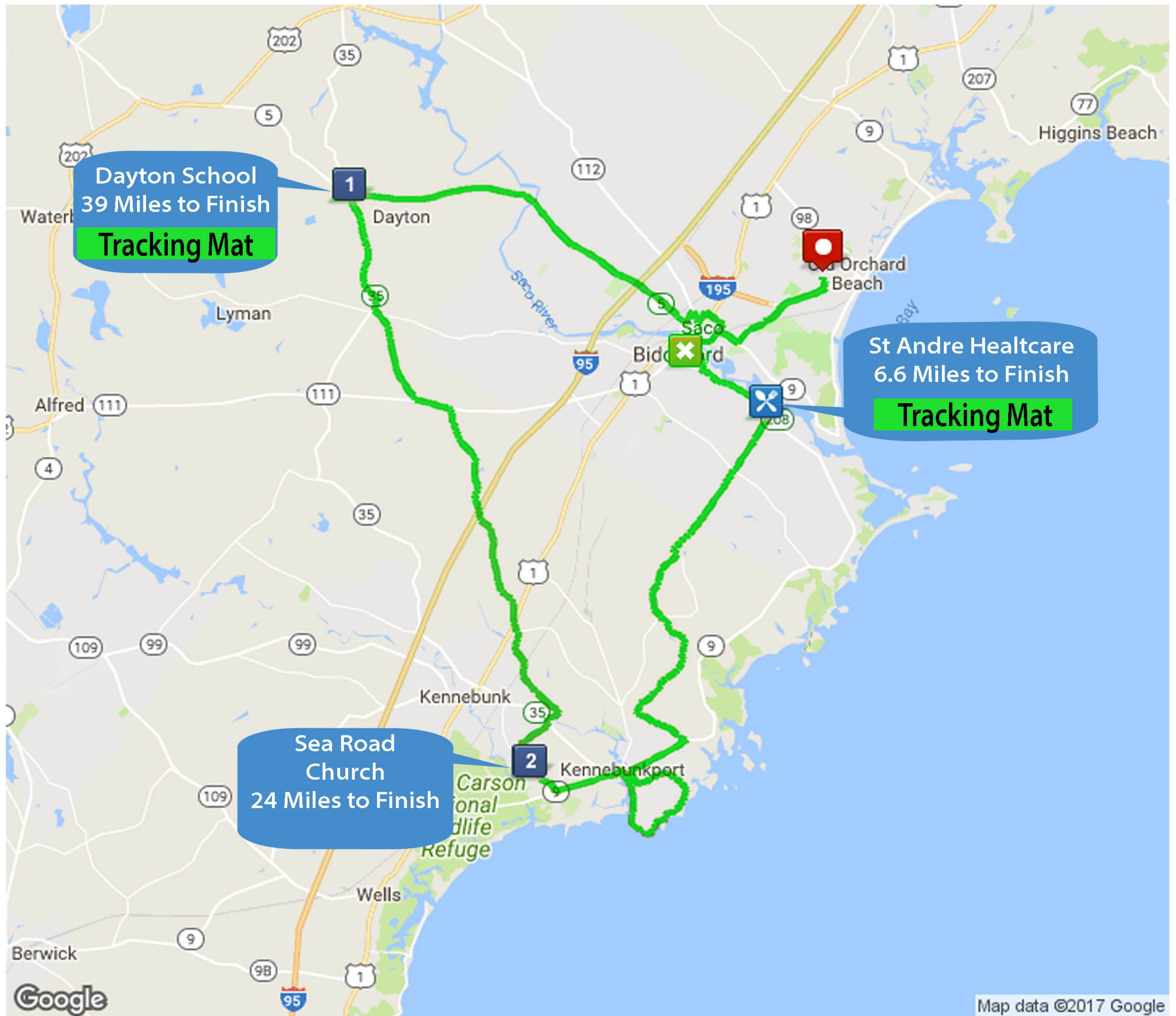
2021 New England Parkinson's Ride 100 Mile Course - PINK



2021 New England Parkinson's Ride – 100 Mile Course Rest Stops

100 Mile Route Rest Stop No.	Rest Stop Location	Rest Stop Ready Time	Approximate Distance to Next Rest Stop
1	Dayton School (Tracking Mat) 21 Clarks Mills Road Dayton, ME 04005	8:00 am	16 Miles
2	Alfred Rd & High St Lot 356 Alfred Road Sanford, ME	9:00 am	21 Miles
3	Edison Press, Inc (Tracking Mat) 2066 Main St Sanford, ME 04073	10:00 am	18 Miles
4	Sea Road Church 140 Sea Road Kennebunk, ME 04043	10:30 am	26 Miles
5	St. Andre Healthcare (Tracking Mat) 407 Pool St Biddeford, ME 04045	11:30 am	Ride Ends in 6.6 Miles

2021 New England Parkinson's Ride 50 Mile Course - GREEN

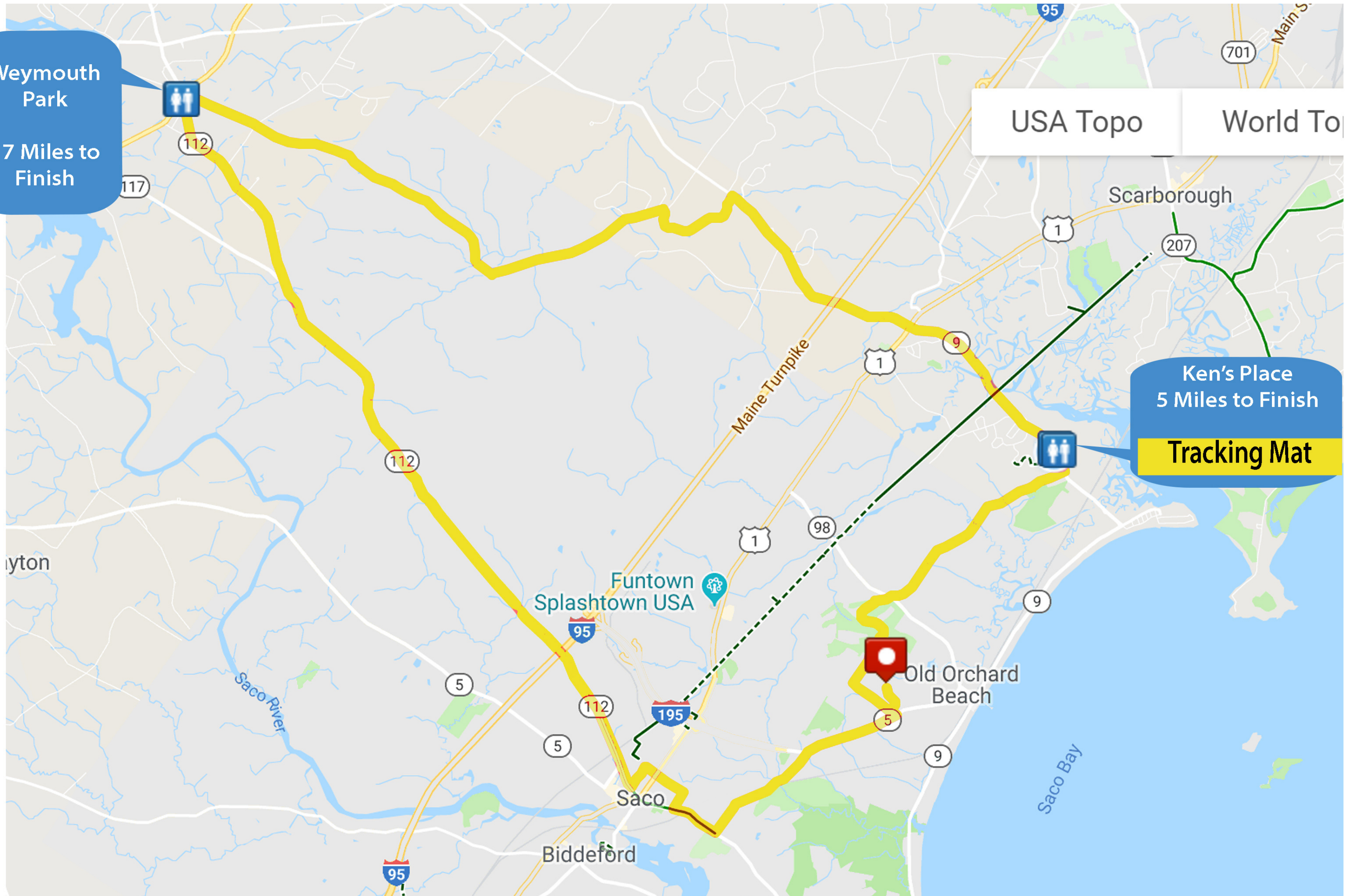


2021 New England Parkinson's Ride – 50 Mile Course Rest Stops

50 Mile Route Rest Stop No.	Rest Stop Location	Rest Stop Ready Time	Approximate Distance to Next Rest Stop
1	Dayton School (Tracking Mat) 21 Clarks Mills Rd Dayton, ME 04005	8:00 am	15 Miles
2	Sea Road Church 140 Sea Road Kennebunk, ME 04043	10:30 am	17 Miles
3	St. Andre Healthcare (Tracking Mat) 407 Pool St Biddeford, ME 04045	11:30 am	Ride Ends in 6.6 Miles

2021 New England Parkinson's Ride

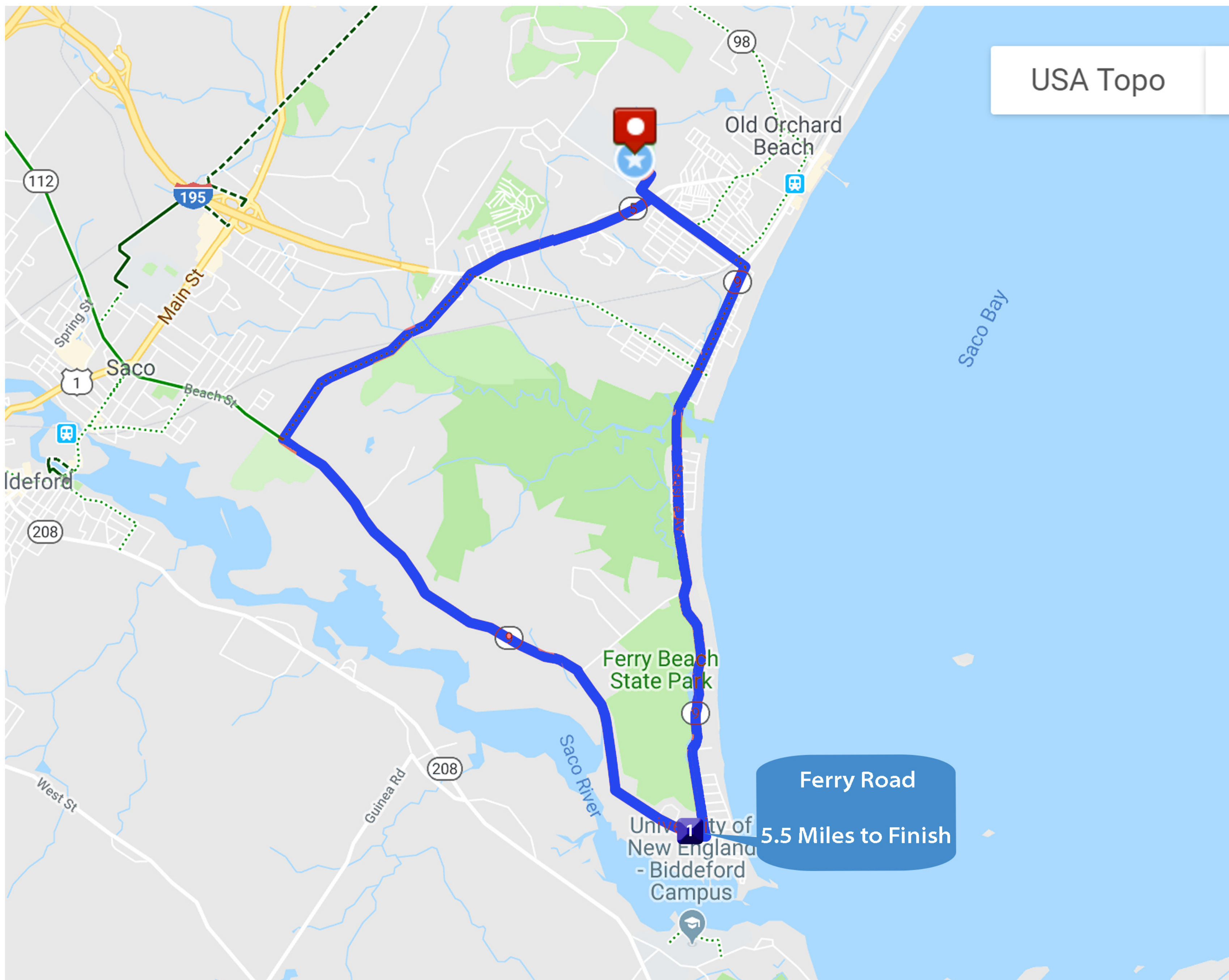
30 Mile Course - YELLOW



2021 New England Parkinson's Ride – 30 Mile Course Rest Stops

30 Mile Route Rest Stop No.	Rest Stop Location	Rest Stop Ready Time	Approximate Distance to Next Rest Stop
1	Weymouth Park Little League Field 38 Beech Plains Road Buxton, ME 04093	11:00 am	12 Miles
2	Ken's Place Seafood 207 Pine Point Road Scarborough, ME 04074	11:30 am	Ride Ends in 5 Miles

2021 New England Parkinson's Ride 10 Mile Course - BLUE



2021 New England Parkinson's Ride – 10 Mile Course Rest Stops

10 Mile Route Rest Stop No.	Rest Stop Location	Rest Stop Ready Time	Approximate Distance to Next Rest Stop
1	Intersection of Seaside Ave and Ferry Road Ocean Park, ME 04063	12:00 pm	Ride Ends in 5.5 Miles